

**Provisional Results**  
**Thurston Building Supplies Thetford Forest Duathlon**  
**Sunday 30th November 2008**

Race Pt	Time	First Name	Surname	Age Categr	Race Num	Gender
1	01:08:09	Ben	Caisey	SM	80	M
2	01:08:29	Mark	Eden	MV40	198	M
3	01:11:38	John	Wankowski	SM	87	M
4	01:12:19	Rob	Breen	MV40	109	M
5	01:12:38	Cliff	Bailey	MV40	118	M
6	01:12:39	Michael	Salt	SM	43	M
7	01:12:41	Colin	Walker	SM	5	M
8	01:13:43	Jared	Walbridge	SM	40	M
9	01:16:00	Richard	Lowden	SM	64	M
10	01:16:00	David	Gardner	MV40	194	M
11	01:16:31	Nicola	Juniper	SF	201	F
12	01:16:33	Steve	Peck	MV50	158	M
13	01:16:35	Caroline	Wakefield	SF	232	F
14	01:17:09	Vincent	Coogan	SM	58	M
15	01:17:16	Alan	McLaren	MV40	112	M
16	01:17:24	Sarah	Juggins	FV40	271	F
17	01:17:34	Paul	Jackson	SM	59	M
18	01:17:58	Matt	Dye	SM	12	M
19	01:18:04	Neil	Hillier	SM	69	M
20	01:18:11	Steve	Barker	SM	86	M
21	01:18:41	Steve	Clark	SM	63	M
22	01:19:51	Elliott	Davis	MV40	14	M
23	01:20:05	Iain	Milligan	SM	15	M
24	01:20:21	Giles	Marsden	SM	72	M
25	01:20:27	Mark	Nowell	MV50	149	M
26	01:20:37	Tom	Drew	MV40	143	M
27	01:20:41	Steve	Whittaker	MV40	145	M
28	01:20:54	Peter	Binks	SM	37	M
29	01:21:06	Chris	Tye	MV40	100	M
30	01:21:25	Stuart	Soltysiak	SM	6	M
31	01:21:26	Paul	Bateman	SM	47	M
32	01:21:35	Susan	Brown	FV40	264	F
33	01:21:36	Jack	Fryer	MV50	152	M
34	01:21:49	Mike	Parkins	MV50	167	M
35	01:22:00	Graham	Hill	SM	65	M
36	01:22:07	Toby	Staines	SM	76	M
37	01:22:24	Keith	Rawson	SM	61	M
38	01:22:26	Robert	James	SM	53	M
39	01:22:40	Mary	Narey	FV40	263	F
40	01:22:48	Steve	Gray	MV40	196	M
41	01:23:15	Richard	Farrar	SM	23	M
42	01:23:25	Colin	Donker	MV40	108	M
43	01:23:47	Adi	Clark	MV40	134	M
44	01:23:54	John	Cooper	SM	54	M
45	01:24:00	Gary	Argent	MV40	136	M
46	01:24:01	Neil	Smith	MV40	197	M
47	01:24:05	Robert	Lane	SM	29	M
48	01:24:13	Andrew	Rawlins	SM	71	M
49	01:24:22	Howard	Williams	MV40	124	M
50	01:24:27	Richard	Piper	MV40	113	M
51	01:24:45	Kenneth	O'Neil	SM	78	M
52	01:24:51	Mark	Dye	MV40	192	M
53	01:24:52	Angus	Western	SM	79	M
54	01:24:56	Andy	Free	MV50	160	M
55	01:24:58	Stephen	Gee	SM	20	M
56	01:25:02	Ruth	Sayer	SF	200	F
57	01:25:06	Paul	Clarke	MV40	115	M

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58	01:25:35	Ian	McClaymont	MV50	168 M
59	01:25:38	Darren	Payne	MV40	125 M
60	01:25:42	Stephen	Twinn	SM	8 M
61	01:25:47	Neil	Catling	SM	2 M
62	01:25:48	Gary	Wordsell	SM	55 M
63	01:26:18	Tom	Pullinger	SM	25 M
64	01:26:36	George	Thomas	MV50	169 M
65	01:26:43	Simon	Morgans	SM	39 M
66	01:26:59	Richard	Dolman	MV40	195 M
67	01:27:06	Tom	Livermore	SM	57 M
68	01:27:24	Malcolm	Corcoran	MV50	165 M
69	01:27:33	Patrick	Marsh	MV40	129 M
70	01:27:41	Robin	Harper	SM	81 M
71	01:27:45	John	Royston	MV50	166 M
72	01:27:45	Chris	Edmond	SM	56 M
73	01:27:52	Brian	Glazebrook	MV40	120 M
74	01:27:57	Nick	Drake	SM	32 M
75	01:28:05	David	Podmore	SM	45 M
76	01:28:07	Miranda	Grigg-Pettitt	SF	229 F
77	01:28:08	Tony	Kirby-Cook	MV40	123 M
78	01:28:08	Eddie	Bryant	MV40	147 M
79	01:28:10	William	Hophin-Jones	SM	27 M
80	01:28:22	Carol	Fowles	FV40	270 F
81	01:28:44	Sarah	Miller	FV50	281 F
82	01:29:09	Gavin	Chambers	SM	49 M
83	01:29:13	Peter	Winfield	MV50	157 M
84	01:29:38	Michael	Anderson	SM	34 M
85	01:29:42	Jonny	Aspinall	SM	4 M
86	01:29:54	Dawn	Pretty	FV40	272 F
87	01:29:58	Harvey	Tomlin	MV40	110 M
88	01:30:03	David	Pearce	MV40	101 M
89	01:30:08	Anthony	Clark	SM	22 M
90	01:30:12	Darren	Brimmer	MV40	131 M
91	01:30:26	Marion	Walker	FV50	282 F
92	01:30:41	Robert	Kettridge	MV40	102 M
93	01:30:50	Keith	Greenwood	SM	68 M
94	01:30:05	Carl	Stock	MV40	135 M
95	01:31:00	Paul	Anderson	MV50	150 M
96	01:31:04	Lisa	Martin	SF	204 F
97	01:31:04	Charlotte	Hancox	SF	203 F
98	01:31:09	Philip	Mackie	MV40	148 M
99	01:31:14	Mandy	Clarke	SF	215 F
100	01:31:24	Anne-Marie	Aviet	SF	210 F
101	01:31:32	Paul	Smith	MV40	104 M
102	01:31:35	Benjamin	Baumguertel	SM	18 M
103	01:32:18	John	Morris	MV40	199 M
104	01:32:18	Andrew	Simpson	MV40	105 M
105	01:32:41	Marcin	Lawniczek	SM	75 M
106	01:32:44	Ray	Keevil	MV50	155 M
107	01:32:56	Andrew	Riley	SM	1 M
108	01:33:02	Robin	Meehan	SM	17 M
109	01:33:06	James	Arnold	MV40	133 M
110	01:33:34	Les	Dunham	MV50	154 M
111	01:33:46	Greg	Crozier	SM	21 M
112	01:34:15	Graham	Hull	MV40	138 M
113	01:34:18	Gail	Brown	SF	225 F
114	01:34:18	Sarah	Whyand	SF	224 F
115	01:34:33	Tricia	Stacey	SF	227 F

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116	01:34:56	Top	Price	SM	85 M
117	01:34:59	Richard	Smith	SM	35 M
118	01:35:07	Hayley	Tooke	SF	206 F
119	01:35:21	Martin	Monaghan	MV40	114 M
120	01:36:13	James	Kyffin	SM	50 M
121	01:36:20	Charlotte	Smith	SF	213 F
122	01:36:28	Matk	Turner	SM	7 M
123	01:36:32	Paul	Macbay	SM	88 M
124	01:36:36	Tyrone	Herculese	SM	82 M
125	01:37:05	Ian	Brazier	SM	60 M
126	01:37:23	Matthew	Stiff	SM	46 M
127	01:37:59	Wil	Kitcher	SM	16 M
128	01:38:10	Andrew	Gorson	SM	3 M
129	01:38:19	Paul	Tovell	MV40	107 M
130	01:39:01	Anya	Starnes	SF	205 F
131	01:39:43	Gill	Tovey	FV40	267 F
132	01:39:45	Stephen	Griffiths	MV40	191 M
133	01:39:49	Kevin	Scott	MV40	146 M
134	01:39:50	Tracy	Holt	SF	221 F
135	01:40:49	Gill	McKever	FV40	268 F
136	01:41:04	Simon	Rider	MV40	130 M
137	01:41:14	Moira	Griffiths	FV40	254 F
138	01:41:20	Nicholas	Brown	SM	28 M
139	01:41:21	Kate	Sherwin	FV40	255 F
140	01:41:54	Renee	Fox	FV40	257 F
141	01:42:04	John	Moody	SM	41 M
142	01:42:14	Linda	Rawling	SF	231 F
143	01:42:21	Mike	Hughes	MV40	128 M
144	01:42:49	Phillip	Cooper	MV50	153 M
145	01:43:07	Michael	Tarpey	SM	36 M
146	01:43:07	Peter	Clark	MV40	142 M
147	01:44:02	David	Sedgely	MV50	162 M
148	01:44:47	Wendy	O'Brien	SF	222 F
149	01:45:28	Kevin	Bindon	MV50	161 M
150	01:45:52	Martin	Jennings	SM	67 M
151	01:46:18	Ray	Murdoch	MV50	151 M
152	01:47:16	Ian	Hopgood	MV40	106 M
153	01:47:44	Patrick	Tarpey	MV40	126 M
154	01:49:14	Norman	Carmen	SM	38 M
155	01:49:34	Mark	Holcroft	SM	19 M
156	01:50:23	Sue	Walters	FV40	253 F
157	01:50:43	J	Coveley	FV40	256 F
158	01:51:16	Francisca	Kosijn	SF	217 F
159	01:51:39	Maja	Roe	FV40	250 F
160	01:52:00	Lyn	Foster	FV50	280 F
161	01:52:10	Lisa	Lumley	FV40	251 F
162	01:54:59	Alison	Lapper	SF	208 F
163	01:55:00	Nicola	Ball	SF	207 F
164	01:58:15	Samantha	Howe	FV40	258 F
165	01:58:16	Peter	Langford	SM	83 M
166	01:58:16	Karen	Saunders	FV40	269 F
167	02:00:24	Julia	Kenyan	SF	220 F
168	02:01:54	Debbie	Binks	SF	214 F
169	02:09:49	Judith	Heany	SF	219 F
170	02:11:22	Michelle	Osborne	FV40	252 F